



# UNIVERSITY OF CALCUTTA

**GURUPADA SAREN**  
**SECRETARY**

COUNCILS FOR UNDERGRADUATE STUDIES,  
UNIVERSITY OF CALCUTTA.

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Dated the 22<sup>nd</sup> May, 2018

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To  
The Principals/T.I.C.  
offering Women's Studies (*General*)  
affiliated to the University of Calcutta

Sir/Madam,

The undersigned is to inform you that the **draft Syllabus for Women's Studies (*General*)** under **CBCS has been uploaded in the Calcutta University website (www.caluniv.ac.in).**

The said syllabus has been prepared by the **Expert Committee in Women's Studies, C.U.**, will be implemented from the academic session 2018-2019.

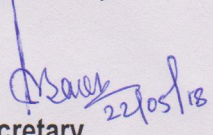
You are requested kindly to go through it and send your feedback within 29<sup>th</sup> May, 2018.

In this regard you may send your observation/ suggestion to the **Department of U.G. Councils, C.U.** or through email ([u.g.councilsc.u@gmail.com](mailto:u.g.councilsc.u@gmail.com)), and you also may contact **Prof. Jayanti Das, Department of Education, C.U.** through e-mail ( [jyntds@gmail.com](mailto: jyntds@gmail.com)/ [jyntds09@gmail.com](mailto: jyntds09@gmail.com) ).

Your cooperation in this regard will be highly appreciated. Kindly treat the matter as urgent.

Thanking you,

Yours faithfully,

  
Secretary



**Core:-** 2 different subjects, Discipline 1 and Discipline 2

**Discipline 1:-** In the Subject.

**Discipline 2:-** Any subject other than Discipline 1

**GE:-** A Subject other than Discipline 1 and Discipline 2 and study two papers in Semester 1 & 2.

**DSE:-** 2 chosen disciplines for semester 5 and 6.

**SEC:=** Value based/skill based and should contain both theory and lab/training/field work.

**Language (LCC):-** L1 = English 1 and English 2, L2 = MIL 1 and MIL 2

**AECC – 1:-** Communicative English/Hindi/Modern Indian Language

**AECC – 2:** Environmental Studies

**Tutorials:-** Topics are to be selected from the particular paper

**Distribution of marks:- (Out of 100):-**

**Attendance = 10 Marks**

**Internal Assessment =10 Marks**

**Tutorial = 15 Marks**

**Subjective Exam = 65 Marks**

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**Total = 100 Marks**

## SEMESTER – 1

<b>Course Code</b>	<b>Course Type</b>	<b>Credit</b>	<b>Marks</b>	<b>TH – TU - P</b>
Core Course (CC)	CC - 1 (Discipline – 1 )	6	100	5 - 1 - 0
Core Course (CC)	CC – 1 (Discipline – 2)	6	100	
Generic Elective	GE - 1	6	100	
AECC - 1	Communicative English/Hindi//MIL	2	100	
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit**

## SEMESTER – 2

<b>Course Code</b>	<b>Course Type</b>	<b>Credit</b>	<b>Marks</b>	<b>TH – TU - P</b>
Core Course (CC)	CC – 2 Discipline – 1)	6	100	5 - 1 - 0
Core Course (CC)	CC – 2 (Discipline – 2)	6	100	
Generic Elective	GE – 2	6	100	
AECC - 2	Environmental Studies	2	100	
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit**

### **SEMESTER – 3**

<b>Course Code</b>	<b>Course Type</b>	<b>Credit</b>	<b>Marks</b>	<b>TH – TU - P</b>
Core Course (CC)	CC – 3 (Discipline – 1)	6	100	5 – 1 - 0
Core Course (CC)	CC – 3 (Discipline – 2)	6	100	
LCC	LCC1 English (1)	6	100	
Skill Enhancement	SEC – A	2	100	2 - 0 – 0
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit**

### **SEMESTER – 4**

<b>Course Code</b>	<b>Course Type</b>	<b>Credit</b>	<b>Marks</b>	<b>TH – TU - P</b>
Core Course (CC)	CC – 4 (Discipline – 1)	6	100	5 – 1 - 0
Core Course (CC)	CC – 4 (Discipline – 2)	6	100	
LCC	LCC2 - MIL (1)	6	100	
Skill Enhancement	SEC – B	2	100	2 – 0 – 0
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit**

## SEMESTER – 5

Course Code	Course Type	Credit	Marks	TH – TU - P
Discipline Specific (A)	1A	6	100	5 – 1 – 0
Discipline Specific (A)	2A	6	100	
LCC	LCC1 English (2)	6	100	
Skill Enhancement	SEC – A	2	100	2 – 0 – 0
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit**

## SEMESTER – 6

Course Code	Course Type	Credit	Marks	TH – TU - P
Discipline Specific (B)	1B	6	100	5 – 1 – 0
Discipline Specific (B)	2B	6	100	
LCC	LCC2 - MIL (2)	6	100	
Skill Enhancement	SEC – B	2	100	2 – 0 – 0
		<b>20</b>	<b>400</b>	

**1 credit = 1 hour class; Per week = 6 hours/6 credit for Theory**

**CC 1/GE 1- (Semester 1)**  
**Women and Society**

**Unit 1: Introduction to Women's Studies**

- Emergence of Women's Studies in India as an academic discipline
- Establishment of Centre for Women's Studies under UGC guidelines
- Women's Studies in International Settings
- Growth and changing perspectives of Women's Studies and Research

**Unit 2: Basic Concepts**

- Understanding Sex- Gender
- Gender shaping Institutions, Theories of Gender construction
- Understanding Sexism and Androcentrism
- Understanding Patriarchy and Theories of Patriarchy, Private – Public dichotomy, Sexual Division of Work
- Patriarchy practices in different institutions and Text Books,

**Unit 3: Representation of Women in Culture and Media**

- Women and Mass Media- Print Media
- Women and Mass Media-Electronic Media
- Women and Films, Advertisements, Mega Serials
- Stereotyping and breaking the norms of women's roles

**Unit 4: Women and Literature**

- Women's Writings in India
- Women's Representation in Literary Texts: With special reference to Novels of Ashapura Devi: Trilogy- 'PrathamPratishruti', 'Subarnalata' and 'Bakulkatha'

## Reading List:

- Ashapura Devi, Novel- (1) PrathamPratishruti, (2) Subarnalata, (3) Bakulkatha
- SharmilaRega, (edt), Sociology and Gender: The Challenges of Feminist Sociological Knowledge, Sage, New Delhi, 2003
- Indu Prakash Singh, Indian Women: The Power trapped, galaxy Pub, New Delhi, 1991
- BasabiChakrabarti, Women's Studies: Various Aspects. UrbiPrakashani2014
- ArvindNarain. Queer: Despised Sexuality Law and Social Change. Book for Change. 2005
- Chandra Talpade Mohanty, Feminism without Borders: Decolonizing Theory, Practicing Solidarity. Duke University Press
- Judith Butler, Gender Trouble, Routledge, 1990
- UrvashiButalia. The Other Side of Silence: Voices from the Partition of India. Penguin Books India. 1998
- Flavia Agnes. Law and Gender Inequality: The Politics of Women's Rights in India. Oxford University Press, 2001
- Sonia Bathla, Women, Democracy and the Media: Cultural and Political Representations in the Indian Press, Sage, New Delhi, 1998.
- Mary E. John. Women's Studies in India: A reader. Penguin Books. 2008
- Betty Friedan. The Feminine Mystique. New York: Norton, 1963
- VeenaMajumdar. "Report on the committee on the Status of Women: Towards Equality". Journal of Women Studies. 1974
- Susie Tharu and K. Lalita, (eds) Women Writing in India: 600 B.C. to the Present. Volumes I & II , OUP
- Basabi Chakraborty and RajashreeBasu, 'PrasangaManabividya' ,(Bengali)
- MallikaSengupta, 'StreeLingaNirman,' (Bengali)
- PulakChanda, NariBiswa(Bengali)
- Basabi Chakraborty, NariPrithibibohuswar (Bengali)
- Karen Ross and Stephen Coleman.The Media and the Public'
- Karen Ross. 'The Handbook of Gender, Sex and Media,'
- David Gauntlett. 'Media, Gender and Identity,'
- Sudha Raj , Films and Feminism
- KamlaBhasin. What is Patriarchy?" Kali For Women, New Delhi. 1993
- DipannitaDatta, Ashapura Devi and Feminist Consciousness in Bengal:A Bio-critical Reading, OUP
- VidyutBhagwat. (2004). "Feminist Social Thought: an Introduction to six key Thinkers". Publisher Rawat Publications, New Delhi.
- Radhika Chopra (ed.) : Reframing Masculinities Narrating the Supportive of Man, Delhi, 2006
- V. Geetha, Understanding Gender, Calcutta, 2006
- David Glover and Cora Kaplan : Genders, New York , 2009
- KamlaBhasin : Exploring Masculinity, New Delhi, 2004



- KrisnarajMaithreyi and Thorner Alice. (2000). “Ideals Images and Real Lives: Women in Literature and History”.Orient Longman,New Delhi.
- RadhaChakravarthy. (2007). “Feminism and Contemporary Women Writers: Rethinking Subjectivity”. Publisher: Routledge, India.
- Padma Anagol. (2010). “The Emergence of Feminism in India Features”. Publisher SAshgate Publishing Limited.
- Sreemati Mukherjee and Sutradhar Publications, Narrative and Gender Intersections: Selected Novels of Ashapura Devi and Mahasweta Devi

**CC 2/ GE 2 (Semester 2)**  
**Feminist Theory and Movements**

**Unit 1: Feminist Theory**

- Rise of Feminism, Introduction to various stands of Feminism.
- 1. Liberal Feminism
- 2. Radical Feminism
- 3. Marxist Feminism
- 4. Socialist Feminism
- 5. Cultural Feminism
- 6. Eco-Feminism
- 7. Post Colonial Feminism
- 8. Post Modern Feminism

**Unit 2: International Women's Movement**

- The socio-economic conditions of women during the age of Industrial revolution
- The Seneca Falls Convention and the Call for Women's Rights 1848
- Women's rights movement 1848-1920, Suffrage Movement, Working Women issues
- Waves of Feminism.

**Unit 3: Women's Movement in colonial India**

- Historical Developments of Social Reform Movements
- The Colonial and Nationalist Responses
- Women's representation in Karachi Congress Resolution, National Movement and the genesis of feminism, AIWC, Quit India Movement
- Women's revolutionary activities.

**Unit 4: Women's Movements in Post-Independence India**

- Tebhaga Movement and Telengana Movement
- Women's groups and organizations, some autonomous Women's Movement
- RoopKanwar incident and anti-sati agitation,
- Movements for Uniform Civil code and ShahBano case
- Dalit women and the question of double marginality

## Reading List:

- BasabiChakrabarti, Women's Studies: Various Aspects. UrbiPrakashani 2014
- Mary E. John. Women's Studies in India: A reader. Penguin Books. 2008
- Betty Friedan. The Feminine Mystique. New York: Norton, 1963
- Neera Desai (1988). "A Decade of Women's Movement in India". MeenaPandev, Bombay.
- Radha Kumar. (1993). "The History of Doing". Kali for Women, New Delhi.
- AparnaBasu&Bharati Rau: Women's Struggle, (New Delhi: Manohar, 1996).
- Geraldine Forbes , Women in Modern India Cambridge University Press, 1996.
- Seneca Falls and the origins of the women's rights movement / by Sally G. McMillen Hardcover – 2008
- Sally J. Scholz, Feminism: A Beginner's Guide (Beginner's Guides)Paperback – February 1, 2010
- Tong Rosemarie, Feminist Thought: A Comprehensive Introduction. Boulder: Westview Press, 1989
- ArpitaMukhopadhyay, Feminisms, Orient Blackswan, India
- Simon De Beauvoir (1949). "Second Sex". Translated and edited by H.M. Parshley. Vintage Books, London.
- Engels, Friedrich. (1979). "The Origin of Family, Private Property and the State". Pathfinder Press, New York. (1884 tr. 1902)
- Vandana Shiva. Ecology and the Politics of Survival: Conflicts Over Natural Resources in India. Sage. 1991
- Firestone, Shulamith. (1970). "The Dialectic of Sex: The Case for Feminist Revolution". William Morrow, New York.
- Gimenez, Martha. (1998). "Introduction" in Marxist Feminism/Materialist Feminism". <http://www.cddc.vt.edu/feminism/mar.html>
- RinitaMazumder. 'A short course of Feminist Theory'
- Chris Beasley, 'What is feminism? An Introduction to Feminist Theory'

**CC 3/ GE 3(Semester 3)**  
**Gender Issues in India**

**Unit 1: Problems of Girl Child**

- Child abuse
- Child labour
- Child Marriage
- Female Foeticide and Infanticide

**Unit 2: Women Health and Education**

- Equal access to Health, Health Services
- Nutrition, Adolescent Health
- Reproductive Health and Safe Motherhood
- Critical issues in Mental Health
- Disability
- HIV/AIDS
- Equal access to Education, Literacy
- Primary Education, Higher Education, Technical education.

**Unit 3: Gender and Environment**

- Nature and Feminine Principle – women’s dependency on eco system.
- Care and management of natural resources – sustainable development.
- Rise of eco – feminism in India and women’s resistance to environmental destruction (Chipko Movement and Narmada Bachao Andolan).
- India’s Environmental Policies and its impact on women

**Unit 4: Policies and Programmes for Women’s Development and Empowerment**

- What is Empowerment
- Gender Mainstreaming in development process
- Towards Equality Report
- Beijing Platform
- CEDAW
- National Policy for Empowerment of Women, 2001

## Reading List:

- Mary E. John. Women's Studies in India: A reader. Penguin Books. 2008
- Nivedita Menon. Gender and Politics in India. Oxford University Press. 2001
- UrvashiButalia. The Other Side of Silence: Voices from the Partition of India. Penguin Books India. 1998
- M.Ahmad Child Labour in Indian Politics: A Legal Study, NewDelhi: Kalpaz Publication (2004).
- S Ahuja, Social Problems in Inida, NewDelhi,Rawat Publication (1999).
- C Ahuja, hloe E. Bird, Patricia PerriRieker (2008) Gender and Health: The Effects of Constrained Choices and Social Policies. Cambridge: Cambridge University Press
- N.L. Gupta, (2003).” Women“s Education through Ages”. Concept Publications Co., New Delhi.
- R.K. Rao, (2001). “Women and Education”. Kalpaz Publications, Delhi.
- Parihar, Lalita. (2011). “Women & Law-From Impoverishment to Empowerment-A Critique”. Eastern Book Company .
- Lewis L. (ed.) (2010) New Dimensions in Women's Health. Ontario: Jones Barrett Publishers.
- Monica Das Gupts& T.N. Krishnan (1998). “Women and Health”. Oxford, New Delhi.
- Kumar Radha, (1993). The History of Doing. New Delhi: Kali for Women.
- Tulsi Patel, (Ed.). (2007). “Sex selective Abortion in India: Gender, Society and New Reproductive Technologies”. Sage, New Delhi
- PromillaKapur (ed). (2000). “Empowering Indian Women”. Publication Division, Government of India, New Delhi.
- Nandita Gandhi &Nandita Shah. (1992). “The Issues at Stake:Theory and Practice in the Contemporary Women’s Movement in India”. Kali, New Delhi
- AsisDasgupta,Problems of Child labour in India
- TanujaTrivedi,Women equality and Development
- Amartya Sen, Unnayan O Swakkhamta (Bengali)
- Vandana Shiva, (2005). Globalisation’s New Wars: Seed, Water and Life Forms. New Delhi: Women Unlimited.
- Vandana Shiva, (1988).Staying Alive. New Delhi: Kali for Women.

**CC 4/ GE 4 (Semester 4)**  
**Women's Rights and Politics**

**Unit 1: Women and Law**

- Violence against women: Domestic violence act 2005, Problems of Dowry, Sexual Harassments at Workplace, Rape Law, Trafficking of Women and Children and Corresponding Laws – definition and interpretations. Child Marriage Prohibition Act 2006,
- Access to Legal Structures, Personal Laws.
- Indecent Exposure in Media
- Act of Employment : Factories act 1948, Trade Union Act 1948 , Indian Mines Act 1926, Maternity Benefit Act

**Unit 2: Women's Rights**

- Understanding Human Rights
- Constitutional Guaranties
- Protection of Women and Human Rights 1993

**Unit 3: Women and Politics**

- Political Representation of Women
- Different Bills
- Reservation of Women in the parliament, Local Bodies and Panchayats
- Debate regarding Women's Reservation Policies

**Unit 4: Women Labour and Economy**

- Key concept of Engendered Labour and Economy
- Concept of Household Work
- Women in Agriculture, Women in Industry
- Economic Liberalization and impact of Micro-Credit and Self Help Group on Women's Empowerment.

**Reading List:**

- Flavia Agnes. Law and Gender Inequality: The Politics of Women's Rights in India. Oxford University Press, 2001
- Flavia Agnes, Sudhir Chandra, MonmayeeBasu. Women and Law in India. Oxford India paperbacks. Oxford University Press, 2016
- Narayan, R.S., Advancing Women and Human Rights, Indian Pub, Delhi, 2007.
- Poonacha, Veena, Gender within The Human Rights Discourse, Research Centre for Women's Studies, SNDT Women's University, Bombay, 1995.
- ArunaGoel. (2004). "Violence and Protective Measures for Women Development and Empowerment". Deep & Deep, New Delhi.
- N.K Chakraborty and S. Chakraborty, Gender Justice
- Paola Monzini, Sex traffic
- IAWS, Feminist Approaches to Economic Theories A Report, IAWS, New Delhi, 1995

**SEC – A Semester - 3 / 5)**  
**Community Development and Gender**

**Unit1: Introduction to Community Development**

- Meaning of Community – Rural, Urban and Tribal Communities.
- Concept of Community Development and Organization.
- Characteristics of Community Development – principles, objectives and importance of Community Development Programmes.

**Unit 2:Historical Evolution**

- Historical Development of Community Development Programmes.
- Role of women within CDP
- Community Development from a feminist perspective.

**Unit 3:Models of Community Development**

- Gandhian Model
- D.K. Priyar
- Women Centered Model
- Critique of the Models

**Unit 4: Programme Formulation**

- Concept of RRA
- RRA and PRA
- Incorporation of Gender in programme formulation.



**Reading List:**

- Marshall B. Clinard (1966). *Slums and Community Development*. New York: The New Press.
- Arthur Dunham, *The New Community Organization*. New York: Thomas Crowell Co.,
- David A. Hardcastle, Stanley Wenocur, and Patricia Powers. (1996). *Community Practice: Theories And Skills For Social Workers*. New York: Oxford University Press,
- Arthur Hillman, (1950). *Community Organization and Planning*. New York: The Macmillan Company.
- M. Ledwith, (2016) *Community Development in Action. Putting Freire into Practice*. Polity Press
- B. Oliver and B. Pitt, (2013) *Engaging Communities and Service Users*.
- K. D. Gangrade, “Community organization in India”. Popular Prakashan. Bombay.

**SEC – A (Semester - 3 / 5)**  
**Gender and Social Work**

**Unit1: Understanding Social Work**

- Concept and definition of Social Work.
- Emergence of professional Social Work in India.
- Scope and concerns of Social Work practice.

**Unit2: Understanding Society**

- Society, meaning and characteristics
- Relevance of understanding sociology for Social Work
- Concepts and Theories of Social Stratification – forms of stratification –caste, class, power and gender.
- Social Problems in India - pertaining to marriage, family and caste- problems related to dowry, child marriage, divorce, gender discrimination within the family, problems of elderly women.

**Unit3: Social work with Youth**

- Youth and Modernization in India
- Identity of youth and related problems with emphasis on problems of young women.
- Problems of Trafficking and Rehabilitation in India, impact of Ngoization on the situation of women in India.

**Unit 4: Social work, Women and Disability**

- Understanding Disability
- Policies, Legislations and Programmes for persons with disability in India (with special reference to women)
- Role and Challenges of Social Workers in working with persons with disabilities.

## Reading List:

- Roberta Sands and Kathleen Nuccio. (1992). Postmodern feminist theory and social work. *Social Work*, 37(6), 489-494.
- Clarke Chambers. (1986). Women in the creation of the profession of social work. *Social Service Review*, 60(1), 1-33.
- Abraham, Andrews and M. Francis (2015). *Contemporary Sociology: An Introduction to Concepts and Theories*. New Delhi: OUP.
- Robert Adams, et.al.(2002). *Social Work: Themes, Issues and Critical Debates*. 2<sup>nd</sup> Edition. New York: Sage.
- Ram Ahuja, (2014). *Social Problems in India*. 3<sup>rd</sup> edition. Jaipur: Rawat Publications.
- Anderson and Taylor. (2007). *Understanding Sociology*. Wadsworth Cenage Learning India Ltd.
- Kamala Bhasin, (2000). *Understanding Gender*. New Delhi: Kai for Women.
- T.B.Bottomore, (1971). *Sociology: A Guide to Problem and Literature*. Bombay: George Allen and Unwin.
- W Farley, L.S. Larry, and B.W.Scott, (2003). *Introduction to Social Work*. Allyn and Bacon.
- Dipankar Gupta, (1993). *Social Stratification*. (ed). New Delhi: OUP.
- G.N. Karna,(1999). *United Nations and the Rights of Disabled Persons : A Study in Indian Perspective*. New Delhi.
- G.N.Karna, (2001). *Disability Studies in India: retrospect and Prospects*, New Delhi: Gyan Publishing House.
- Hajira Kumar, (1994). *Social Work: An Experience and Experiment in India*. Gitanjali Publishing House.
- Janice (1990). Female social workers in the second generation. *Affilia*, 5(2), 46-59.
- Ashraf Nehal, (1997). *Crime against Women*. New Delhi: Common Wealth Publishers.
- Beverly McPhail. (2004). Setting the record straight: Social work is not a female-dominated profession. *Social Work*, 49(2), 323-326.
- Davis Liane (1994). Why we still need a woman's agenda for social work, pp. 1-25 in *Building on Women's Strengths: A Social Work Agenda for the 21<sup>st</sup> Century*.
- Margaret Gibelman. (2003). So how far have we come? Pestilent and persistent gender gap in pay. *Social Work*, 48(1), 22-32.

**SEC – B (Semester – 4 / 6)**  
**Feminist Research Methodology**

**Unit 1: Research Types and Methods**

- Meaning and Types of Research
- Issues of Subjectivity and Objectivity
- Stages of Research
- Research Designs – Definition, Exploratory, Descriptive, Explanatory and Evaluative research designs.
- Hypothesis – Meaning and Construction.

**Unit 2: Sampling and Data Collection**

- Sampling Design – types of sampling – Probability and Non- Probability.
- Primary and Secondary Techniques of data collection.
- Observation – Participant and Non – Participant.
- Structured and Unstructured Questionnaire.
- Limitations on data on women – Population Census – NSSO (National Sample survey Organization) – NFHS (National Family health Survey) and RCH (Reproductive and Child health)

**Unit 3: Doing Feminist Research**

- Feminist Critique of Positivistic Research – Feminist Empiricism.
- Feminist Methodology: Content Analysis, Feminist Ethnography, FGD, Case Studies, Oral Narratives.
- Emerging Methodology: Mixed Methods and Triangulation.

**Unit 4: Analysis of Data**

- Qualitative and Quantitative data analysis of variables.
- Data processing and analysis.
- Tables and Figures
- Research Report

## Reading List:

- Chandra Talpade Mohanty, *Feminism without Borders: Decolonizing Theory, Practicing Solidarity*. Duke University Press
- Sandra Harding, ed. *Feminism and Methodology: Social Science Issues*. Bloomington:IndianaUP, 1987
- Helen Roberts (ed). *Doing Feminist Research*. Rutledge and Kegan Paul, London. 1984)
- C.R. Kothari, *Research Methodology: Methods and Techniques*. Willey Eastern LTD, New Delhi. 1995
- Caroline Ramazanoglu and J.Holland. (2003) "Feminist Methodology, Challenges and choices". Sage publications, New Delhi.
- M. Eichler (1991) "Non-Sexist Research Methods: A Practical Guideline".Routledge Chapman & Hall.
- MaithreyiKrishanaraj, (ed). (1985) "Evolving New Methodologies in Research on Women"sStudies".SNDTWomen"s University, Bombay.
- Earl.Babbie, (1979). *The Practice for Social Research*. Bombay: Himalaya Publishing House.
- Goode and Hatt. (1952). *Methods in Social Research*. Bombay: Macgrawhill.

**SEC – B (Semester – 4 / 6)**  
**Mental Health and Basic Helping Skills**

**Unit: 1: Mental Health and Women**

- What is Mental Health
- Critical issues in Mental Health and Women
- Gender Bias in Mental Health
- Psychological Effect during Menarche , Menstruation and Mood , Pregnancy, Child Birth, Post partum depression after Motherhood and Menopause

**Unit 2: Gender Roles and Psychology of Sex Difference**

- Conceptualization of gender roles and gender role attitudes
- Gender: Aggression, Achievement, Communication, Friendship and Romantic Relationships
- Sex Differences in Mental Health.

**Unit 3: Psychology of Women**

- Women and Distress
- Trauma relating to Rape , Taboo , Childhood Sexual Abuse , Domestic Violence , Sexual Harassment at Work Place, Educational Institutions, Eve Teasing etc.
- Psychological Wellbeing of Women; Dealing with Psychological Distress, Coping Strategies, Personal Growth and Wellbeing.

**Unit 4: Counseling and Guidance Skills**

- What is Counselling?
- Essential elements and Process of Counseling
- Introduction to Communication: Attending Skill, Listening Skills: Barriers to Listening; Responding Skills
- Personal and Professional Characteristics / Qualities of a Counselor
- Values and ethics in Counseling
- Issues of Confidentiality
- Family and Group Counseling

## Reading List:

- BhargaviDavar. Mental Health from a Gender Perspective. SAGE Publications. 2001
- BhargaviDavar. Mental Health of Indian Women. SAGE Publications, 1999
- Richard Nelson-Jones. Basic Counseling Skills: A Helper's Manual. Sage. 2016
- C. Beere(1979). “Women and Women’s issues – A Hand book of tests and measures”. Jossyborgs.
- Lenin.(1985). “Women and Mental Health”. Press, New York.
- Steven D. Brown, (Ed), Lent, Robert W., (Ed). (2000). “Handbook of Counseling Psychology”. Wiley, 3rd edition.
- R. Frager, & J. Fadiman, (2007).“Personality and Personal growth”. 6th Edn.Pearson PrenticeHall, India.
- Geldard, Kathryn &Geldard, David. (2003). “Counseling Children: A Practical Introduction”. Sage Publications
- M. Jacobs. (1998). “Psychodynamic Counseling in Action”. Sage Publications. Kluver, Netherlands.
- C.L. Kundu, (1989). “Personality development”. Sterling Pub, New Delhi.
- Narayana S. Rao (1988). “Counseling Psychology”. S. Tata McGrawHil Pub
- Nelson, Richard (2002). “Basic Counseling Skills: A Helper's Manual”. Sage Publications.
- Perry, C. Wayne (2002). “Basic Counseling Techniques: A Beginning Therapist's Toolkit”. Author house.

**DSE – A (1A) (Semester: 5)**  
**Gender and Law**

**Unit 1: Laws related to Family and Marriage**

- Rights inside the family: Personal laws, Laws of Marriage (Hindu and Muslim) Registration of Marriages, Minimum age at marriage, Special Marriage act 1954
- Divorce Laws, Judicial Separation and Divorce, Hindu Divorce Laws, Muslim Divorce Laws
- Maintenance Laws: Hindu, Muslim
- Women and Property Rights including Right to Succession and Inheritance (with reference to Hindu and Muslim Laws)
- Issues and Rights related to Abortion (Medical termination of pregnancy)
- Domestic Violence
- Dowry Prohibition Act
- Family Court Act 1986
- Need for Uniform Civil Code

**Unit 2: Laws related to Gender based Violence**

- Laws against Violence and Sexual Crimes
- Eve Teasing
- Rape
- Indecent Representation of Women
- Abduction and Kidnapping – Immoral Trafficking
- Prevention of Sati – Devdasi act.

**Unit 3: Laws for working people**

- Labor Law relating to Women – Minimum Wages Act, - Equal wages & Equal Remuneration
- Maternity Benefit and Child Care, ESI
- Sexual Harassment at Work Place and Visakha Judgment.

**Unit 4: Right for justice**

- Awareness regarding access to legal and judicial machinery:
- Rights at the time of filing FIR in Police Stations
- Rights at the time of Arrest and Custody;
- Role of Counseling Centres
- Legal AID cells, Help line
- Right to Information (RTI)
- Women's Organizations and Women's Rights



## Reading List:

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**DSE – A (1A) (Semester: 5)**  
**Gender and Media**

**Unit1:Understanding Communication**

- What is Communication
- What is Mass Media
- Types of Mass Media- Print, Electronic, Digital Media
- How it Works

**Unit 2:Culture Construction of Gender**

- Public Opinion and Ideology Formation,Changing binaries
- Media Exposure and Gender Construction
- Gender Representation in Mass Media
- Feminist Movement and Media

**Unit3:Media Practitioners**

- Participation of Women in Media
- Job Opportunities, Constraints and Challenges
- Role of Media as liberating instruments
- Gender specific job responsibility in Media

**Unit 4:Media Ethics, Law and Gender**

- Indecent Representation of Women (Prohibition) Act, 1986
- Code for Ethics for Advertisement

## Reading List:

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- Judith Lorber, Believing is Seeing: Biology as Ideology
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**DSE – B (1B) (Semester 6)**  
**Gender and Sexuality**

**Unit1: Understanding Sex, Gender and Sexuality**

- Defining Sex, Gender, Sexuality and its relation
- Shift from Women to Gender
- Questioning the Sex – Gender divide
- Construction of the ‘Body’

**Unit2: Queer Perspective**

- Understanding Queer Movement
- LGBTQA
- Third Gender Activism

**Unit3: Theories**

- Radical Feminism
- Queer Activism
- Post Structural Feminism
- Post Feminism

**Unit 4: Laws and Policies**

- IPC 377
- Right to Privacy
- Right to Live with Dignity
- Schemes and Policies
- Transgender Bill

## Reading List

- Michel Foucault. *The History of Sexuality: An Introduction, Vol-1*, Trans. Hurley, Robert, New York
- Judith Butler, *Gender Trouble*, Routledge, 1990
- ArvindNarain. *Queer: Despised Sexuality Law and Social Change*. Book for Change. 2005
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- Mark Blasius, *Gay and Lesbian Politics: Sexuality and the Emergence of a New Ethic*. Philadelphia: Temple University Press, 1994
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**DSE – B (1B) (Semester 6)**  
**Gender and Empowerment**

**Unit 1: Gender Mainstreaming**

- Concept and Theories of Development: Gender Development Approaches
- Paradigm shift from women's well being to development as a process of transformation that leads to gender equality and women's empowerment.
- Mainstreaming Gender in development process,
- UNDP Guidelines of mainstreaming gender, MDGs

**Unit 2: Approaches to Gender Development**

- Women in Development
- Women and Development, Gender and Development
- Gender Development Index, Gender Empowerment Measure, Human Development Index.
- The impact of Globalization and Structural Adjustment Policies (SAP) on women with special reference to India, in the fields of - Education, Health, Agriculture, Organized Sector and Unorganized Sector.

**Unit 3: Participation and Empowerment**

- Political Rights of women in India
- Electoral process – Women as Voters, Candidates and Leaders – pressure group.
- Women in Panchayat and Local Bodies
- National Schemes and Roles of Panchayat and its implementation.
- Role of Micro Finance in empowering Women.

**Unit 4: Gender Development and the Planning:**

- The Five Year Plans Towards Equality,
- Shramashakti Report and NPP
- National Commission for Women
- Central and State Social Welfare Boards (CSWB), Department of Women and Children, Women Development Corporation.
- Gender Responsive Planning and Gender Budgets

**Reading list:**

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- J. Andersen, and B. Siim, The politics of inclusion and empowerment: gender, class, and citizenship. London: Palgrave/ Macmillan, 2004. 260p.
- Maura Barclay, Unbreakable woman: compassionate selfdefense and empowerment, create space independent publishing platform, 2013. 204p
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- Nibedita Menon, Sextualities, women unlimited
- Malini Bhattacharya, Giving away the girl
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- V. Geetha, Understanding Gender
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