

**POST GRADUATE GOVT. INSTITUTE FOR PHYSICAL EDUCATION  
BANIPUR**

**B.P.ED. Admission Test for the Session 2019-21**

**Entrance Exam criteria :**

1. **Physical Efficiency Test:** (4x10=40marks)
  - a. Bend knee sit ups for 1min.
  - b. 50mt. run
  - c. 600yard run
  - d. Over head back throw (Boys- 3kg. Medicine ball  
Girls- 2kg. Medicine ball)
  
2. **Knowledge Test:** (10marks)
  
3. **Personality Test:** (5marks)

**INSTRUCTIONS :**

- The date of admission test is 12<sup>th</sup> March, 2019.
- ❏ The list of qualifying candidates for admission test will be declared on and after 06.03.2019 and the candidates are requested to follow the web site of the institute ([www.pggipe.in](http://www.pggipe.in)).
- Reporting time on the date of admission test is 6:30a.m.
- No change of date of admission test will be allowed under any reason.
- The qualifying candidates have to bring their personal sports kits, pen, original documents etc. on the date of admission test.