

Jadavpur University
Department of Physical Education
Revised Notification for Admission to PGDY Course, Session 2022-23

1. **Course:** Post Graduate Diploma in Yoga (PGDY), 2022-23 Session.
2. **Intake:** 35 (Reservation as per Govt. rules)
3. **Eligibility:** Graduation in any discipline from a recognized University.
4. **Date of form fill-up:** 1st September to 28th October, 2022.
5. **Course Fees:** Rs. 20,465/-
6. **Publication of provisionally eligible candidates' list:** 1st November, 2022.
7. **Document Verification and Admission Test** (10.00 am onwards in the Department of Physical Education, JU): 3rd and 4th November, 2022.
8. **Publication of provisionally selected candidates' list:** 9th November, 2022.
9. **Class Timings:** Monday to Friday: 2 pm to 8 pm; Saturday: 8 am to 10 am.
10. **For any query or information:** 03324573014; 03324572486
11. **How to apply:**
 - (i) Download application form from the University website- jaduniv.edu.in
 - (ii) Interested candidates are instructed to submit their application form along with all essential documents (marksheets and certificates) to the office of the Department of Physical Education, Jadavpur University latest by 30th September, 2022 within 5 PM.
12. **Merit list shall be prepared on 100 marks with the following details:**

| Sl no. | Heads | Marks |
|--------|---|------------|
| 1. | Class-X standard Examination | 10 |
| 2. | Class- XII standard Examination | 10 |
| 3. | UG (Under Graduate) standard Examination | 10 |
| 4. | Yoga performance (To be evaluated by a team of experts in the Department of Physical Education) (a) One Compulsory asana (Sarvangasana): 10 (b) One optional asana of a candidates' choice: 10 (c) One optional asana of an expert's choice: 10 | 30 |
| 5. | Written Examination (a) MCQ: (20 × 1) = 20 (b) Short Answer type Questions: (5 × 2) = 10 (c) Descriptive Questions: (2 × 5) = 10 Syllabus of Written Test <ul style="list-style-type: none"> • Basic concept of yoga philosophy and tradition. • Basic concept of human anatomy, physiology and psychology. • Basic concept of health and wellness. • Current affairs on yoga. | 40 |
| | | Total: 100 |


Head

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Registrar
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